

SUCCESSIONS MEETING

Part 1: Check-In (Sharing in regards to you and your participation.)

* Sharing is limited to up to two minutes. (It can be longer if agreed upon beforehand.)

* Consider this time to be casual, friendly, gentle. Try not to reference yourself too much. Check-in authentically but also aim for the Most High.

* Limit the amount of time you reference yourself, meaning use the words "I," "Me," "My," "Mine," and "Myself," significantly less often than you normally would.

* Allow this time to be light. Laugh at yourself when you can to lighten the load.

* During seemingly difficult checking-in times, be more supportive using your light presence with soft, gentle smiles.

Part 2: Report on Past Objectives

* Sharing is limited to three minutes or less.

* Participants use this time to talk about successes as well as areas that could use more attention.

* Limit topics to stated objectives from previous meetings.

* Describe what has been happening. Do your best to reference specific archetypes. For example, instead of, "I've had a challenging week," consider something like, "It was a busy week for the controlholic archetype."

* Highlight your successes and point out the archetypes that were helpful.

Part 3: Mining of Future Objectives

- * Geared toward open and honest brainstorming/masterminding.
- * Focus on “making successive improvements.”
- * Look for opportunities and share insights as they reveal themselves to you.
- * Look for specific calls answer.
- * Look for collaborations.
- * Look for areas where developing an archetype would be beneficial.

Part 4: Breath Steps for Integration

- * Optional for those who choose to connect more with others.
- * People can leave at any time.
- * Discover newer ways to contribute.
- * See where new relationships can be formed and others enhanced.
- * Collaborate to explore any new possible ideas and opportunities.
- * Schedule one-on-one meetings and future collaborations.